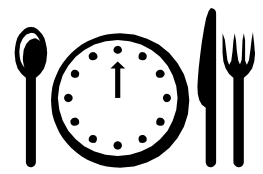


SCHOOL DINNER MENU

Spring Term 2018


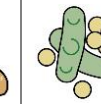


WEEK 1		WEEK 2	
Monday		Monday	
Cheese & Tomato Pizza Wedges & Beans or Jacket Potato with Filling ~ Chocolate Crunch or Yoghurt or Fresh Fruit		Cheese & Tomato Pasta Peas & Sweetcorn Herbie Bread or Jacket Potato with Filling ~ Shortcake & Custard or Yoghurt or Fresh Fruit	
Tuesday		Tuesday	
Minced Beef Creamed Potato, Carrots & Broccoli Homemade Bread or Jacket Potato with Filling ~ Treacle Sponge & Custard or Yoghurt or Fresh Fruit		Beef Burger in a Bun Chips, Diced Cucumber & Coleslaw or Jacket Potato with Filling ~ Plain Sponge & Custard or Yoghurt or Fresh Fruit	
Wednesday		Wednesday	
Chicken Korma & Rice Mixed Vegetables & Green Beans Naan Bread or Jacket Potato with Filling ~ Chocolate Berry Sponge & Custard or Yoghurt or Fresh Fruit		Roast Chicken Roast Potatoes, Carrots & Broccoli Homemade Bread or Jacket Potato with Filling ~ Flapjack & Sultanas or Yoghurt or Fresh Fruit	
Thursday		Thursday	
Sausages & Gravy Mashed Potato, Carrots & Cauliflower Homemade Bread or Jacket Potato with Filling ~ Abbey Biscuit & Sultanas or Yoghurt or Fresh Fruit		Sausages & Gravy Creamed Potato, Mixed Veg & Cauliflower Sliced Wholemeal Bread or Jacket Potato with Filling ~ Fruit Salad & Toffee Yoghurt or Yoghurt or Fresh Fruit	
Friday		Friday	
Fish Fingers & Tomato Sauce Chips, Peas & Sweetcorn Crusty Bread or Jacket Potato with Filling ~ Arctic Roll & Manderines or Yoghurt or Fresh Fruit		Salmon Nibbles Wedges & Beans Crusty Bread or Jacket Potato with Filling ~ Iced Yoghurt or Yoghurt or Fresh Fruit	

Fresh Meat Locally Sourced from Gilmoors of Harrogate

Fresh Fruit and Vegetables Sourced from Stuarts Foods of Scarborough

DISHES AND THEIR ALLERGEN CONTENT – GLADSTONE ROAD PRIMARY SCHOOL

		DISHES (with allergens)															
		The foods below are some or all of the menu items for each day. Unlisted items do not contain identified allergens.	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide	
Week 1	Every day	Bread		✓					✓								
		Yoghurts							✓								
	Mon	Pizza		✓					✓								
		Choc Crunch		✓		✓											
	Tues	Minced Beef															
		Treacle Sponge & Custard		✓		✓			✓								
	Wed	Chicken Korma & Rice							✓				✓ almond				
		Chocolate Berry Sponge & Custard		✓		✓			✓								
	Thur	Sausages & Gravy		✓													
		Abbey Biscuit & Sultanas		✓		✓											✓
Fri	Fish Fingers & Tomato Sauce		✓		✓	✓										✓	
	Arctic Roll & Manderines		✓					✓									
Week 2	Mon	Cheese & Tomato Pasta		✓					✓								
		Shortcake & Custard		✓		✓			✓								
	Tues	Beef Burger in a Bun		✓					✓								
		Plain Sponge & Custard		✓		✓			✓								
	Wed	Roast Chicken							✓								
		Flapjack & Sultanas		✓					✓								✓
	Thurs	Sausage & Gravy		✓													
		Fruit Salad & Toffee Yogurt								✓							
Fri	Salmon Nibbles		✓		✓	✓			✓								
	Iced Yoghurt								✓								