

What's On

September - December 2017

Children and Families: Prevention Scarborough Town, North and Central

	Time	Activity	More Information	Where
MONDAY	9.15 - 10.15am Please book Term time only	Infant Massage Starts 11th September and 6th November £15 per 5 week course	Weekly sessions for parents and babies. Learn how to support relaxation and relief, communication and bonding. <i>For babies up to crawling stage.</i>	Briercliffe Children's Centre YO12 6NS
	9.30 - 10.45am Drop in (excluding bank holidays)	Healthy Child Clinic and Baby Weigh and Play Clinic every week; play session term time only	Get your baby weighed and discuss health or development matters with the Health Team. Play while you wait to weigh!	Briercliffe Children's Centre YO12 6NS
	10.30 - 11.30am Drop in (excluding bank holidays)	2 Year Funding Advice Session 4th & 18th September 2nd, 16th & 30th October 13th & 27th November 11th December	Pop in for help and advice about eligibility for 2 year funding, and help with completing an application.	Briercliffe Children's Centre YO12 6NS
	10.30 - 11.30am Drop in (excluding bank holidays)	2 Year Funding Advice Session 11th & 25th September 9th & 23rd October 6th & 20th November 4th & 18th December	Pop in for help and advice about eligibility for 2 year funding, and help with completing an application.	Friarage Children's Centre YO11 1HS
	1.00 - 3.00pm Please book Term time only (excluding bank holidays)	Family Links Starts 18th September	Family life can be challenging at times! This 10 week nurturing programme will give you practical tips on how to improve family relationships. <i>For parents of children aged from 8-11.</i>	Briercliffe Children's Centre YO12 6NS
	1.00, 2.00 & 3.00pm Please book (excluding bank holidays)	North Yorkshire Local Assistance Fund (NYLAF) Starts 4th September	Help for families in crisis to apply for items essential to the well being of their children. Please contact Briercliffe Children's Centre on 01609 798700 to book an appointment (at least one week in advance) and for information on eligibility and evidence required.	Briercliffe Children's Centre YO12 6NS

	Time	Activity	More Information	Where
MONDAY	2.00 - 3.00pm Please book Term time only	Building Blocks for Language Starts 25th September	Children communicate to make friends, learn and have fun. BB4L is an 8 week parent/carer and child programme for children aged 2-3 years to encourage communication skills.	Friarage Children's Centre YO11 1HS
	5.30 - 6.45pm Please book	Hatha Yoga <i>£40 per 5 week course</i>	Improve your physical, mental and emotional well-being. For details, dates and to book, contact Rebecca Thompson, mobile: 07966 202738 or email: rebecca@core-yoga.co.uk.	Briercliffe Children's Centre YO12 6NS
	7.00 - 8.00pm Please book	Pregnancy Yoga <i>£40 per 5 week course</i>	Pregnancy yoga has many physical, mental and emotional benefits, and can help prepare for and assist with labour and birth. For details, dates and to book, contact Rebecca Thompson, mobile: 07966 202738 or email: rebecca@core-yoga.co.uk.	Briercliffe Children's Centre YO12 6NS
TUESDAY	9.00 - 3.30pm Please book	Bumps to Buggies Midwife Clinic	Community ante-natal and post-natal clinic. Please contact your midwife or your local Children's Centre for an appointment.	Briercliffe Children's Centre YO12 6NS
	10.00 - 11.00am Please book	Post-Natal Yoga with Babies <i>£40 per 5 week course</i>	Relax, build core strength, breathing techniques and more. Start from 6 weeks after birth. For details, dates and to book, contact Rebecca Thompson, mobile: 07966 202738 or email: rebecca@core-yoga.co.uk.	Briercliffe Children's Centre YO12 6NS
	10.00 - 11.30am Drop in Term time only	Little Walkers Starts 5th September <i>£2 per family per session</i>	Exciting activities for you and your toddler to explore together. <i>For cruisers to confident walkers.</i>	Briercliffe Children's Centre YO12 6NS
	10.30 - 11.30am Drop in Term time only	Breastfeeding Support Group Starts 5th September	A welcoming group for new and expectant mums to meet other breastfeeding mums, to form a social network and help with breastfeeding issues. Members of the Health Team will be available for advice and information.	Briercliffe Children's Centre YO12 6NS
	1.00 - 3.00pm Please book	Bumps to Buggies Midwife Clinic	Community ante-natal and post-natal clinic. Please contact your midwife or your local Children's Centre for an appointment.	Friarage Children's Centre YO11 1HS
	1.30 - 3.00pm Drop in Term time only	Creative Play Starts 5th September <i>£2 per family per session</i>	Come along and play with your child. This session could include getting messy, interactive crafts and soft play fun! <i>For families with children under 5.</i>	Friarage Children's Centre YO11 1HS
	1.30 - 3.00pm Drop in <i>1st & 3rd Tues of every month.</i>	Healthy Child Clinic and Baby Weigh & Play <i>Clinic every week; play session term time only</i>	Get your baby weighed and discuss health or development matters with the Health Team. Play while you wait to weigh!	The Oasis Centre YO11 1XE

	Time	Activity	More Information	Where
TUESDAY	1.30 - 3.30pm Drop in	Directions	Drop in session for young people up to the age of 19 to help decide on future direction. Advice, information, life/job skills and much more.	The Street YO12 7PW
	5.30 - 7.00pm Drop in Term time only	Youth Club Years 6+ Starts 5th September	Come along to Gallows Youth Club for crafty activities, fun, games and chill out time. <i>For pupils in Year 6 and above.</i>	Gallows Close YO12 6HZ
WEDNESDAY	10.00 - 11.30am Drop in Term time only	Baby Play Starts 6th September <i>£2 per family per session</i>	Fun sensory activities for you and your baby to explore together. <i>For babies aged 0 to walking.</i>	Briercliffe Children's Centre YO12 6NS
	12.30 - 2.00pm Please book	Breastfeeding Support	One-to-one support available for all breastfeeding mums. Contact your midwife, health visitor or peer supporter for an appointment.	Briercliffe Children's Centre YO12 6NS
	1.30 - 3.00pm Drop in <i>2nd & 4th Weds of every month.</i>	Healthy Child Clinic and Baby Weigh & Play <i>Clinic every week; play session term time only</i>	Get your baby weighed and discuss health or development matters with the Health Team. Play while you wait to weigh!	Scalby Parish Hall YO13 0RA
	1.30 - 3.30pm Drop in	Healthy Child Clinic	Get your baby weighed and discuss health or development matters with the Health Team.	Lawrence House Medical Centre YO11 1UB
	2.00 - 3.30pm Drop in Term time only	Young Parents Drop In Starts 6th September	Come to play! A great opportunity for you to meet new friends and enjoy fun, sensory activities with your child. <i>For parents aged 19 and under, with children aged 0-5.</i>	Friarage Children's Centre YO11 1HS
	3.00 - 5.00pm Term time only	BUGS Starts 13th September	Targeted Youth Club for young people aged 11+ who have a social and/or communication difficulty. Enjoy sport, art, games, computers and cooking. Contact 01609 798840 for information.	The Street YO12 7PW
	5.30 - 7.00pm Drop in Term time only	Youthie Starts 6th September	Crafty activities, Apple music, team games, PS4, pool, fun quizzes, chill out space, snacks. <i>For pupils from Year 8 and above.</i>	The Street YO12 7PW
THURSDAY	9.30 - 11.30am Drop in Term time only	Childminder Support Session Starts 7th September	The opportunity for childminders to access a good quality play environment and share professional support.	Friarage Children's Centre YO11 1HS
	10.00 - 11.30am Drop in Term time only	Creative Play Starts 7th September <i>£2 per family per session</i>	Come along and play with your child. This session could include getting messy, interactive crafts and soft play fun! <i>For families with children under 5.</i>	Briercliffe Children's Centre YO12 6NS
	4.00 - 5.30pm Drop in Term time only	ROOTS Youth Club Starts 7th September	Crafty activities, Apple music, PS4, pool, fun quizzes, homework corner, fun games, healthy snacks. <i>For pupils in Years 5-7.</i>	The Street YO12 7PW
	6.00 - 7.30pm Term time only	Big Music Starts 7th September	Project focused on music performance and events. Contact 01609 798840 for information.	The Street YO12 7PW
	6.00 - 8.00pm Please book	Ante-Natal Sessions	Programme of four ante-natal sessions. Please contact Briercliffe Children's Centre on 01609 798700 to book.	Briercliffe Children's Centre YO12 6NS

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FRIDAY	9.00 - 3.00pm Please book	Bumps to Buggies Midwife Clinic	Community ante-natal and post-natal clinic. Please contact your midwife or your local Children's Centre for an appointment.	Briercliffe Children's Centre YO12 6NS
	9.15 - 10.45am Drop in Term time only	Baby Play Starts 8th September <i>£2 per family per session</i>	Fun sensory activities for you and your baby to explore together. <i>For babies aged 0 to walking.</i>	Friarage Children's Centre YO11 1HS
	9.30 - 11.30am Drop in Term time only	Childminder Support Session Starts 8th September	The opportunity for childminders to access a good quality play environment and share professional support.	Briercliffe Children's Centre YO12 6NS
	1.30 - 2.30pm Please book Term time only	Infant Massage Starts 15th September and 10th November <i>£15 per 5 week course</i>	Weekly sessions for parents and babies. Learn how to support relaxation and relief, communication and bonding. <i>For babies up to crawling stage.</i>	Friarage Children's Centre YO11 1HS
	4.30 - 6.00pm Term time only	FUSE Starts 29th September	Inclusive theatre group for young people aged 11-25 with Special Education Needs and Disabilities (SEND) and non-SEND. Contact Hannah Ley on 01609 535768 for more information.	Stephen Joseph Theatre YO11 1JW

Are you an experienced childcare sector provider that could offer high quality services to families of children aged 0-19?

We need regular/occasional providers of sessions such as: crèches for pre-school children, baby massage, play and development, healthy lifestyle or general family learning sessions

Interested? You need to register your organisation on YORtender <https://www.yortender.co.uk>, and make an on-line tender application to be placed on our Approved Providers List. This process requires information regarding your suitability, skills and experience. To find out more about this exciting opportunity please contact your local centre and ask to talk the Team Leader: 0-19 Services.

Strengthening Families

A 7 week programme to help parents and children talk to each other effectively, understand each other's feelings and thereby strengthen their relationship

For parents/carers and children
Aged 10-14
Please ring 01609 798700
for more information



This is a bespoke family service for 5-19 year olds who wish to work towards a healthy weight. Each family is offered a 12 week programme which is delivered by a Healthy Lifestyle Advisor within the family home. During the programme families take part in a range of fun and interactive sessions based on key lifestyle topics, complete weekly challenges and set their own personalised goals.

For more information contact Phillippa Sellstrom on 01609 532695 or email phillippa.sellstrom@northyorks.gov.uk

2 Year Funding

You could be eligible for 15 hours of **FREE** early years funding for your child. Pop in to speak to one of our staff for advice, or go to the specialist support session on a Monday, see programme for details.

Contact Us

Scarborough Town North

Tel: 01609 798700

Email: scarboroughtownnorthcc@northyorks.gov.uk

Scarborough Town Central

Tel: 01609 798840

Email: scarboroughtowncentralcc@northyorks.gov.uk

How to find us?

Briercliffe Children's Centre

76 Briercliffe, Scarborough, YO12 6NS

Friarage Children's Centre

Friarage, Scarborough, YO11 1HS

The Street

12 Lower Clark Street, Scarborough, YO12 7PW

Gallows Close

Endcliff Crescent, Scarborough, YO12 6HZ

Other Children's Centres

Scarborough South and Filey 01609 534053

Whitby and the Moors 01609 533819

Ryedale 01609 533072

Speech & Language Support for pre-school children

Drop in sessions unfortunately no longer run from the Children's Resource Centre, Cherry Tree Avenue. If you have any concerns regarding your child's speech, language or communication, please speak to one of our Family Outreach Support Workers or your Health Visitor who will be able to offer advice.

Visit our website

www.nyfamilies.info

or call our friendly team on

01609 533483

You could also email us at

fis.information@northyorks.gov.uk

or text **07624 802425**



Find us on Facebook

www.facebook.com

Healthy Start Vitamins

You can buy or use your vouchers to get Healthy Start (children's and women's) vitamins from your children's centre - Pop into reception to collect yours today!

HEALTHY START



The Scarborough Pledge Transforming Coastal Futures

The Scarborough Pledge is a project aimed at improving the lives and life-chances of children and young people living on the coast.

One of our aims is that every child in Scarborough will know the five songs before they start school.

To hear and download the songs being performed by children from Overdale School, please log onto www.soundcloud.com and search 'Scarborough Pledge'.

Contact your Children's Centre if you would like a copy of the words.



DO WE HAVE
YOUR E-MAIL
DETAILS?

IF NOT, LET A
MEMBER OF
STAFF KNOW

Prevention Service

The Prevention Service brings together a range of preventative work previously undertaken by separate services. The single service:

- operates seamlessly throughout the 0-19 age range;
- eliminates duplication, unnecessary and unhelpful transitions for families;
- has a new way to provide services, including a greater capacity to provide early help in a more targeted way for children, young people and families; and
- is co-located with the Healthy Child Teams (5 -19).

Our vision is that "families in North Yorkshire are able to access readily a range of support to ensure that their children are safe, happy and well, and that they can flourish at school and in the wider world".

Contact us

North Yorkshire County Council, County Hall, Northallerton, North Yorkshire, DL7 8AD

Our Customer Service Centre is open Monday to Friday 8.00am – 5.30pm

(closed weekends and bank holidays). Tel: **01609 780 780**

Email: customer.services@northyorks.gov.uk Web: www.northyorks.gov.uk

If you would like this information in another language or format please ask us.

Tel: **01609 780 780** Email: customer.services@northyorks.gov.uk