Gladstone Road Primary School

Wooler Street
Scarborough
Tel: 372566

February 2018

Y5 Forest School

Dear Parent/Carer,

We are delighted to inform you that we are introducing an exciting new venture in Y5, which your child is going to be involved in.

During the Spring and Summer terms, each of the Y5 classes will be visiting Raincliffe Woods to take part in a series of Forest School sessions.

Forest School is an inspirational process that offers all learners regular opportunities to achieve and develop confidence and self-esteem through hands-on learning experiences in a natural environment.

The benefits of Forest School have been well-researched, and include

- Enhanced emotional and physical wellbeing
- Re-connecting with nature and the natural world
- Greater understanding of risk and risk-management
- Improved communication and problem-solving skills

The children will be getting dirty and wet during these sessions, which will take place whatever the weather. This is the list of kit they will require ready to start their sessions after half-term:

- Waterproof trousers and coat
- Wellingtons
- Hat & gloves
- Warm coat (to wear underneath waterproof – eg fleece)
- Warm trousers
- Warm jumper (or 2)
- T-shirt and extra layers
- Warm socks (& spare pair)
- Sun hat & sun cream

The dates of each class's Forest School visits will be issued following the half-term holiday.

Yours sincerely

Miss H Brown
Y5 Forest School Co-Ordinator