



Gladstone Road Primary School

Wooler Street

Scarborough

Tel: 372566

September 2017



Dear Parents/Carers

Over the next three terms Year 1 will be discussing the NSPCC's Underwear Rule in our PSHE (Personal, Social, Health and Economic Education) lessons.

During these discussions we will aim to teach our pupils the following important safety skills without giving explicit information or telling scary stories. We will be teaching our pupils the NSPCC's Underwear Rule, using the 'PANTS' acrostic, which is like a green cross code for staying safe from sexual abuse.

PANTS stands for:

- Privates are private
- Always remember your body belongs to you
- No means no
- Talk about secrets that upset you
- Speak up, someone can help

The lessons will introduce a range of ideas, all delivered in a way that's fully age-appropriate. These include:

- "appropriate" and "inappropriate" touching
- your child's right to say no to things that make them feel upset or uncomfortable
- naming parts of the body, including male and female genitalia
- who your child can turn to if they ever feel upset or worried.

If you would like to know more about the NSPCC's campaign and see how you can help keep your children safe in partnership with your child's school, more information can be found at www.nspcc.org.uk/underwearrule

If you have any questions or concerns, please don't hesitate to get in touch with your child's class teacher.

Yours sincerely

Miss Richards

Miss F Richards

PSHE Subject Leader